

*The Simple Path*



*The fruit of silence is Prayer  
The fruit of prayer is Faith  
The fruit of faith is Love  
The fruit of love is Service  
The fruit of service is Peace*

*Amen*

*Mother Teresa*



*Spring Crocus*

*© Prepared by Susanne & Bruce Edwards  
January 2019*



*Priory  
Prayer Diary*

*February  
2019*



*The new Year is bringing another  
set of challenges and opportunities.  
Can we live up to expectations?*



*Random thoughts from the wider world*

## SUNDAYS:

*From Chuang Tzu: Let your mind wander in the pure and simple; be one with the Infinite - let all things take their course*

"Heavenly Father, when we're tempted to feel despondent, when our lives appear dreary or dull and the world around looks fragile and forlorn, surprise us with the power of Your Spirit."

## MONDAYS:

*From Zerín Kusho: "Sitting quietly doing nothing, Spring comes and the grass grows by itself"*

"Loving God, in your Son Jesus Christ, you offer us a vision of a world transformed, where all people are valued, where your justice reigns and where hearts may be strangely warmed by Your grace."

## TUESDAYS

*From Tsem Tulko Rinpoche: A person's outer actions reflects their inner mind."*

"Lord, forgive our hesitations, seeing the world around us. Give us courage to walk through opened doors and to step over strange thresholds into the unknowns of the future. Help us embrace new experiences, to gain strength from uncertainties."

## WEDNESDAYS:

*From Eckhart Tolle: "Awareness is the greatest agent for change."*

"Love of the heart of Jesus, inflame us; strength of the heart of Jesus, uphold us; wisdom of the heart of Jesus, teach us ... " *St. John Eudes*

## THURSDAYS

*From Dogen: "One must be deeply aware of the impermanence of the world."*

"Lord Jesus, you call each one of us to follow you, be your disciple and to encourage others to follow. You enable us to live out that discipleship as we seek to transform the lives of others whom we meet, and the communities to which we belong."

## FRIDAYS:

*From Koun Yamada: "Keep your heart clear and transparent and you will never be bound."*

"In a world where people focus on negatives, be different, clothe yourselves with compassion, kindness, patience, humility and gentleness." (cp: Colossians 3, v12.)

## SATURDAYS:

*From the Buddha: If anything is worth doing, do it with all your heart.*

*Each morning we are born again; what we do today is what matters most.*

*Nothing ever exists entirely alone. Everything is in relation to everything else*